Stabilized Stannous Fluoride dentifrices are toothpastes of choice: Middle East dental consensus

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DUBAI, UAE: On 02-03 November 2017, a selected panel of Middle Eastern dental professionals gathered for a two-day scientific consensus to discuss recommendations for best choice of toothpaste. This unique assembly took place at the Address Hotel, Dubai Marina, UAE. The results were presented live on stage at the 9th Dental Facial Cosmetic International Conference which took place at KKH Dubai Festival City on 03-04 November 2017.

The consensus was led by Professor Hien Chi Ngo, Dean of College of Dental Medicine of the University of Sharjah and Dr. Elias Berdouses, Board Member of Emirates Pediatric Dental Club. The consensus was achieved by the Delphi methodology (A structured survey approach conducted in multiple rounds of questionnaires and answers. It is regarded as a systematic, interactive forecasting method relying on a group panel of experts), resulting in an unbiased evidence-based conclusion on the best type of toothpaste available. The panel of experts included:

Consensus Group; Standing from left to right Dr. Eleftherios Kaklamanos, Prof. Hien Chi Ngo, Dr. Elias Berdouses, Prof. Crawford Bain, Dr. Arwa Al-Sayed, Dr. Naif Al-Moosa. Sitting from left to right: Dr. Samira Al-Osailan, Prof. Nada Naaman, Prof. Montaser Al-Qutub, Dr. Ajay Juneja, Dr. Samir Al-Shamsi, Dr. Eleftherios Kaklamanos – Assistant Professor of Orthodontics, King Saud University, KSA Dr. Naif Al-Moosa – Chairman Department of Pediatric Dentistry and Orthodontics, King Saud University, KSA Dr. Montaser Al-Qutub – Head, Division of Periodontics and Postgraduate Program Director in Periodontics, King Saud University, KSA. Dr. Ajay Juneja – Specialist Prosthodontist, Dental Studio, UAE. Dr. Samira Al-Osailan – Head, Department of Pedodontics and Postgraduate Endodontic Programs, King Abdulaziz University, KSA. Dr. Arwa Al-Sayed – Assistant Professor of Orthodontics, Hamdan Bin Mohammed College of Dental Medicine, UAE. Dr. Nada Naaman – Honorary Dean, Professor Department of Periodontology, Saint Joseph University, Lebanon. Dr. Eleftherios Kaklamanos – Assistant Professor of Orthodontics, Hamdan Bin Mohammed College of Dental Medicine, UAE. Dr. Naif Al-Moosa – Chairman Department of Pediatric Dentistry and Orthodontics, King Saud University, KSA. Dr. Montaser Al-Qutub – Head, Division of Periodontics and Postgraduate Program Director in Periodontics, King Saud University, KSA.

The consensus was achieved by the Delphi methodology.


Further information on the evidence, references and methodologies used can be obtained from Prof. Hien Chi Ngo – Moderator of the Consensus. Please email dmea@dental-tribune.me with your enquiry.